

Introduction : Disruption or erosion of vulnerable atherosclerotic plaques are the most frequent cause of ACS. In vivo detection of potentially vulnerable plaques may improve prevention of cardiovascular events. IVUS provides a more comprehensive assessment of the atherosclerotic plaques. In addition, it had been used extensively for assessment of anatomical significance of intermediate coronary lesions.

Aim of work : To study the morphology and severity of angiographically intermediate coronary lesions in patients with acute coronary syndromes.

Methodology: Twenty eight patients with the diagnosis of Non ST Elevation Acute Coronary Syndromes. Coronary Angiography showed intermediate lesions assessed by QCA and IVUS. Percent area stenosis $\geq 70\%$, MLA adjusted to the reference vessel diameter & $MLA \leq 6\text{mm}^2$ for left main artery were the criteria for intervention. Three to six months clinical follow up regarding MACE and six months mortality.

Results : Mean age was 53.2 ± 9.1 years. Males=20 (71.4%). Smoking in 17 (60.7%), hypertension in 16 (57.1%), Dyslipidemia in 12 (42.9%) & DM in 8 (28.6%). Mean BMI= 23.4 ± 2.9 . Twenty three patients diagnosed as UA and five patients diagnosed as NSTEMI. Mean TIMI risk score 3.1 ± 1.4 . A statistically significant higher TIMI risk score in NSTEMI group ($P=0.02$). Multi-vessel disease in 17 patients (60.8%). Seventy six vessels were affected with 23 Culprit vessels, 44 non-culprit vessels & 9 left main vessels. Mean syntax score 17.5 ± 8.0 . sixty one intermediate lesions were detected with higher fibrofatty structure. Negative remodeling in 51% of lesions. 29 lesions in culprit vessels & 32 lesions in non-culprit vessels with higher lipidic content in lesions of culprit vessels ($P<0.001$) while there was a higher calcific content in lesions of non-culprit vessels ($P<0.001$). 27 lesions were subjected to revascularization based on IVUS measures. QCA Minimum lumen diameter was significantly lower ($P=0.002$) and percent diameter stenosis was significantly higher in revascularization group ($P=0.02$). MLA was significantly lower ($P<0.001$) and Percent area stenosis was significantly higher in revascularization group ($P<0.001$). MLA & plaque burden are the main predictors for lesion anatomical significance with ($P <0.001$, OR=0.25, 95% CI = 0.12-0.55) and ($P=0.011$, OR=2.0 , 95% CI = 1.2-3.3) respectively. A significant positive strong correlation between QCA minimal lumen diameter and minimum lumen diameter measured by IVUS at the site of lesion ($P<0.001$, $r=0.704$). A significant positive strong correlation between QCA minimal lumen diameter and MLA measured by IVUS ($P<0.001$, $r=0.695$). A significant inverse moderate correlation between QCA minimal lumen diameter and percent area stenosis measured by IVUS ($P<0.001$, $r=-0.449$). A significant positive weak correlation between QCA percent stenosis and percent area stenosis measured by IVUS ($P=0.021$, $r=0.295$). A significant concordance between QCA & IVUS regarding percent stenosis ($P\text{-value}=0.01$, ICC=0.451, 95%CI=0.084-0.67). A significant positive moderate correlation between QCA reference diameter and proximal reference maximum vessel diameter ($P=0.013$, $r=0.358$). Discordance between QCA & IVUS regarding measurement of the lesion length ($P=0.2$, ICC=0.22, 95%CI=-0.3 -0.53). Complications occurred in 9 patients (32.2%). One patient (3.6%) with MACE & six month mortality.

Conclusion: IVUS is helpful in planning the management of intermediate lesions. Intermediate lesions in culprit vessels showed high lipidic content indicating high vulnerability for plaque rupture. MLA & plaque burden are the main predictors for lesion anatomical significance. QCA is a reliable tool for detecting severity of coronary artery disease. Low complication rate and MACE related to the use of IVUS .

Key words: ACS: Acute coronary syndrome, Intermediate lesions , QCA: Quantitative coronary angiography , IVUS: Intravascular ultrasound , MACE: major adverse cardiac events , MLA: Minimal lumen area , vulnerable plaques , UA: unstable angina, NSTEMI: non ST elevation MI.