

# *INFLUENCE OF EARLY POSTOPERATIVE NUTRITION ON POST SURGICAL INFECTIONS*

*Thesis*

Submitted for the Partial Fulfillment of Master Degree in ICU

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*2019*

## Abstract

The improvement of nutritional status and quality of life are the most important nutritional goals in the postoperative period [141].

Serum protein is an important indicator of the body's nutritional status with a serum half-life of approximately 20 days serving as a potential marker for nutritional status. C-reactive protein (CRP) may be a first signal of a complicated course such as infection [142,143].

The prognostic role of CRP and albumin can be explained by their abilities to reflect inflammation in the acute phase in critical settings and assess the nutritional status of critically ill patients

Key words: *POSTOPERATIVE NUTRITION ON POST SURGICAL*