

## ***Abstract***

### **Introduction:**

Prediction of fluid responsiveness in hemodynamically unstable patients with spontaneous breathing activity has been a clinical challenge. It has been best assessed by passive leg raising test. Preejection period, the time from the onset of ventricular depolarization to the beginning of left ventricular ejection, is a systolic time interval found to decrease with greater preload<sup>1</sup>. The effect of passive leg raising test on the pre-ejection period has not been studied in this context.

### **Objectives:**

Our objective was to test whether fluid responsiveness could be predicted by the response of pre-ejection period to passive leg raising test. We also examined whether baseline end expiratory inferior vena cava diameter could predict fluid responsiveness in this category of patients.

### **Methods:**

Thirty patients with spontaneous breathing activity considered for fluid loading were included. We used transthoracic echocardiography to measure stroke volume, and pre-ejection period before and during passive leg raising test as well as before and after fluid loading (500 ml saline 0.9 % over 15 minutes). An increase in stroke volume of 15 % or more after volume expansion defined fluid responders. We also measured baseline end expiratory inferior vena cava diameter obtained from the subcostal window.

### **Results:**

19 patients were responders (63.3 %). Passive leg raising test induced-changes in stroke volume of  $\geq 9.3$  % predicted fluid responsiveness with a sensitivity of 100 % and specificity of 81.8 %, the area under receiver operating characteristic curve (AUC) was 0.96; 95 % confidence interval (CI) [0.91,1.0], meanwhile, passive leg raising test induced changes in pre-ejection period of  $\leq -5.0$  % predicted fluid responsiveness with a sensitivity of 94.7 % and a specificity of 45.5 %, the AUC was 0.62; 95 % CI [0.4,0.85]. Baseline inferior vena cava diameter (in cm) failed to identify responders vs. nonresponders ( $1.20 \pm 0.37$  vs  $1.38 \pm 0.51$  respectively,  $p = 0.36$ ).

### **Conclusions:**

In hemodynamically unstable patients with spontaneous breathing activity, passive leg raising test-induced increase in stroke volume of  $\geq 9.3$  % accurately predicted fluid responsiveness, while passive leg raising test-induced decrease in pre-ejection period of  $\leq -5.0$  % was sensitive, but not specific in the prediction of fluid responsiveness.

Baseline inferior vena cava diameter failed to identify fluid responders.

### **Key words:**

Fluid responsiveness, passive leg raising test, echocardiography, spontaneous breathing activity